



Being **choked**,  
**strangled** or  
**hurt in the**  
**head** can cause a  
**brain injury.**

Getting help can **save your life.**  
Learn more by scanning the code:



or visit [www.odvn.org/brain-injury-survivors/](http://www.odvn.org/brain-injury-survivors/)



This project is supported by Grant No. 2020-FW-AK-K001 "Education, Training, and Enhanced Services to End Violence Against Women with Disabilities Grants Program" awarded by the Office of Violence Against Women, U.S. Department of Justice. The opinions, findings, and recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.