



unhealthy relationship **RED FLAGS**

Does your girlfriend or boyfriend...

- Try to control you?
- Tell you how to be "LGBTQ"?
- Get jealous or accuse you of cheating?
- Tell you to stay in the closet or go back into the closet?
- Expect you to check-in all the time?
- Embarrass you or put you down?
- Threaten to hurt you or your pets?
- Ridicule or belittle your identity as bisexual, trans, femme, butch, etc.?
- Make you feel like you don't have the right to say no?
- Isolate you from your family and friends?
- Make decisions for you?
- Mess with your stuff?
- Call you homophobic names?
- Physically restrain you?
- Threaten or force unwanted sexual activity?
- Easily lose his/her temper?
- Insist on public displays of affection even if you don't feel safe?
- Spread rumors about you in the LGBTQ community?
- Scare you by:
 - Acting violently?
 - Yelling and calling you names?
 - Driving dangerously?
 - Slamming doors?
 - Hitting, kicking, or throwing things?

National Teen Dating Abuse Helpline:
866-331-9474





healthy relationship **GREEN FLAGS**

Does your girlfriend or boyfriend...

- Have a positive image of being lesbian, gay, bisexual, transgender, or queer (LGBTQ)?
- View you as an equal?
- Respect your personal boundaries?
- Treat you fairly?
- Make you feel safe emotionally & physically?
- Listen to your feelings?
- Respect your opinions & values?
- Support your decision to be "out of" or "in the closet"?
- Solve problems with you?
- Support you spending time with your own family & friends?
- Trust you?
- Discuss disagreements calmly?
- Allow the relationship to go at your pace?
- Communicate openly & honestly?



The comprehensive resource on domestic violence

For more information:
www.odvn.org