unhealthy relationship

RED FLAGS

does your boyfriend or girlfriend...

- try to control you?
- text you constantly?
- keep tabs on you 24/7?
- get jealous or accuse you of cheating?
- guilt trip you for spending time with your friends & family?
- embarrass/disrespect you?
- threaten or force unwanted sexual activity?
- easily lose his/her temper?
- spread rumors about you?
- scare you by:
  - yelling & calling you names?
  - hitting, kicking, throwing, or breaking things?

national teen dating abuse helpline: 866.331.9474
does your boyfriend or girlfriend...

- **trust** you?
- view you as an **equal**?
- talk **honestly** & **openly**?
- let the relationship go at your **own pace**?
- treat you **fairly**?
- make you **feel safe** emotionally & physically?
- talk things out **calmly**?
- **support** you having your own friends?
- **listen** to your feelings?
- respect your **opinions**?

Ohio Domestic Violence Network

For more information: [www.odvn.org](http://www.odvn.org)