



# healthy relationship **GREEN FLAGS**

## **Does your partner...**

- View you as an equal?
- Respect your personal boundaries?
- Treat you fairly?
- Make you feel safe emotionally & physically?
- Have a positive image of being lesbian, gay, bisexual, transgender, queer (LGBTQ)?
- Listen to your feelings?
- Respect your opinions & values?
- Support your goals?
- Allow the relationship to go at your pace?
- Solve problems with you?
- Support your spending time with your own family & friends?
- Trust you?
- Discuss disagreements calmly?
- Communicate openly & honestly?



The comprehensive resource on domestic violence

**For more information:**  
**[www.odvn.org](http://www.odvn.org)**



# unhealthy relationship **RED FLAGS**

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## **Does your partner....**

- Try to control you?
- Tell you how to be "LGBTQ"?
- Get jealous or accuse you of cheating?
- Tell you to stay in the closet or go back into the closet?
- Expect you to check-in all the time?
- Embarrass you or put you down?
- Threaten to hurt you or your pets?
- Ridicule or belittle your identity as bisexual, trans, femme, butch, etc.?
- Make you feel like you don't have the right to say no?
- Threaten to slander you in LGBTQ community?
- Isolate you from your family and friends?
- Make decisions for you?
- Threaten to 'out' you to your family, friends or co-workers?
- Destroy your property?
- Call you homophobic names?
- Physically restrain you?
- Threaten or force unwanted sexual activity?
- Easily lose his/her temper?
- Insist on public displays of affection even if you don't feel safe?
- Interrogate you about past lovers?
- Control all of the money?
- Have weapons or have a violent crime record?
- Experience behavior change with drugs/alcohol?
- Scare you by: acting violently; driving dangerously; slamming doors; hitting, kicking, or throwing things?

**National Domestic Violence Hotline:**  
**800-799-SAFE (7233)**