



unhealthy relationship **RED FLAGS**

Does your partner....

- Get jealous easily or accuse you of having an affair?
- Have abuse in family history?
- Throw objects at you or destroy your property?
- Make you account for every moment you are away?
- Restrain you?
- Ridicule you?
- Threaten to hurt you, your children or your pets?
- Manipulate you with lies or promises?
- Threaten to or force you to have sex?
- Make you feel you don't have the right to say "no" or disagree?
- Isolate you from family, friends, work?
- Make all the decisions in the home for you?
- Have previous contact with the justice system?
- Control all of the money?
- Have weapons?
- Experience behavior change with drugs/alcohol?





healthy relationship **GREEN FLAGS**

Does your partner....

- View you as an equal?
- Respect you and treat you fairly?
- Make you feel safe (emotionally and physically)?
- Listen to you?
- Discuss disagreements peacefully?
- Allow the relationship to go at your pace?
- Act as a positive role model for your children?
- Value your opinions?
- Communicate openly and honestly?
- Support your goals in life?
- Make family and money decisions together with you?
- Compromise?
- Have a positive image of family?
- Make your friends and family feel comfortable?



The comprehensive resource on domestic violence

For more information:
www.odvn.org