# TRAINING CALENDAR 2023

#### QUARTER ONE

#### January

- **11** Responding to Cyberstalking: Tech Safety Strategies for Advocacy (9 a.m. to 3:30 p.m.)
- **18** Advocate Be Well: Addressing the Toll of Victim Advocacy with Practical Actions (9:30 a.m. to 12:30 p.m.)
- **19** Advocacy Skills Interactive Workshop: Enhancing Your Active Listening Skills (9 a.m. to 11 a.m.)
- 26 Mandatory Reporting: Addressing Confidentiality Issues with Children (9 a.m. to 12:30 p.m.)

#### February

- **7** 8 Supervision Essentials in Domestic Violence Programs (1 p.m. to 4 p.m. both days) \*Only for Executive or Program Directors
- **15** Youth Advocacy Caucus: Anti-Human Trafficking Teen Victims (1 p.m. to 3 p.m.)
- **Advocacy Skills Interactive Workshop: Supporting Youth & Parent Survivors During Distress** (9 a.m. to 11 a.m.)
- **23** Uncomfortable Conversations: Holding Space for Discussions on Racism (9 a.m. to 12 p.m.)
- **28** Practical Applications of Trauma-Informed Best Practices (9 a.m. to 12 p.m.)

#### March

- 7 14 21 Domestic Violence Advocacy Fundamentals (9 a.m. to 4 p.m.)
- 8 Creating a Pet Program: Learning from the Experts (9 a.m. to 12:30 p.m.)
- **16** Advocacy Skills Interactive Workshop: Beginning and Ending with Empathy (9 a.m. to 11 a.m.)

#### QUARTER TWO

#### April

- 5 Building Resilience in the Midst of Trauma (9:30 a.m. to 12:30 p.m.)
- 13 Student Voices on Campus Prevention (1 p.m. to 3 p.m.)
- **19** 20 Substance Use, Mental Health and Trauma-Informed Care: Practical Strategies for Survivor Health and Safety (9 a.m. to 12 p.m. both days)
- **20** Advocacy Skills Interactive Workshop: Promoting Connections through Family Support Groups (1 p.m. to 3 p.m.)

#### May

- 17 Youth Advocacy Caucus: Trauma-Informed Approaches with Youth and Parents—Respecting Youth Culture and Youth Engagement (1 p.m. to 3 p.m.)
- **18** Advocacy Skills Interactive Workshop: Normalizing and Reframing Trauma Reactions—Youth, Parents, and Adults (9 a.m. to 11 a.m.)

#### June

- 7 14 21 Domestic Violence Advocacy Fundamentals (9 a.m. to 4 p.m.)
- **16** Advocacy Skills Interactive Workshop: Approaching Interactions with a Growth Mindset—Asset-Based Advocacy (9 a.m. to 11 a.m.)
- 22 The Art of Making Compelling Funding Requests (1 p.m. to 4 p.m.) \*Only for Executive or Program Directors

# TRAINING CALENDAR 2023

#### **QUARTER THREE**

#### July

- **12** Working with Dysregulated and Dissociated Survivors: Advanced Skills for Advocates (9 a.m. to 4 p.m.) \*In-Person
- Advocacy Skills Interactive Workshop: Learning with Confidence—Grounding & Regulating Skills for Youth & Adult Survivors (9 a.m. to 11 a.m.)
- 20 Addressing Vicarious Trauma Retreat: Promoting Your Resilience (10 a.m. to 4 p.m.) \*In-Person
- 25 Integrating Trauma-Informed Services through Shelter Guidelines (9 a.m. to 12 p.m.)

## August

- 8 Intent Versus Impact: Exploring Authentic Cultural Humility (9 a.m. to 12 p.m.)
- 16 Youth Advocacy Caucus: Educational Advocacy for Students Residing in Shelters (1 p.m. to 3 p.m.)
- 17 Advocacy Skills Interactive Workshop: The Science of Tapping (EFT) to Support Survivors (9 a.m. to 11 a.m.)
- **23 24 Confidentiality and Best Practices in Documenting Client Records** (Day 1, 9 a.m. to 4 p.m. and Day 2, 9 a.m. to 12 p.m.) \*Hybrid

## September

- 6 13 20 Domestic Violence Advocacy Fundamentals (9 a.m. to 4 p.m.) \*Hybrid
- 14 Advocacy Skills Interactive Workshop: A Place for Children—Youth Intakes, Building Rapport, and Art Expressive Activities (9 a.m. to 11 a.m.)
- 21 Addressing ADA Compliance for Domestic Violence Programs (9 a.m. to 3:30 p.m.)
- 26 Developing Mobile Advocacy Services (1 p.m. to 4:30 p.m.)

# **QUARTER FOUR**

#### October

- **18** A Deeper Dive: Trauma, ACES, PACES & the Resiliency of Survivors (9:30 a.m. to 12:30 p.m.)
- **19** Advocacy Skills Interactive Workshop: Advocates Self Care Plan—Calm, Centered and Regulated (9 a.m. to 11 a.m.)

# November

- 2 9 16 Domestic Violence Advocacy Fundamentals (9 a.m. to 4 p.m.) \*Hybrid
- **15** Youth Advocacy Caucus: Spotlighting Ohio Programs—Youth and Parent Activities/Programming (1 p.m. to 3 p.m.)
- 17 Advocacy Skills Interactive Workshop: Survivor-Defined Advocacy—Best Practices (9 a.m. to 11 a.m.)

# December

- **6 7** Justice Systems Advocacy (9 a.m. to 4 p.m. both days)
- **13** Advocacy Skills Interactive Workshop: Youth Inclusion, Equity and Trauma-Informed Advocacy (9 a.m. to 11 a.m.)

# TUESDAYS@2March 28Holistic Case Management (2 to 4 p.m.)June 6LEP Access (2 to 3 p.m.)

Aug. 15 Essentials of Policy and Procedure Development (2 to 3 p.m.) \*Only for Executive or Program Directors

Nov. 7 Supporting Survivor Safety: Lethality and Risk Assessment with Tim Boehnlein (2 to 3:30 p.m.)

### WELLNESS WEDNESDAYS

These **45-minute sessions** are for advocates who are wanting to continue their self-care practices to reduce the impact of secondary trauma exposure.

January 4	February 1	March 1	April 5
May 3	June 7	July 5	August 2
September 6	October 4	November 1	December 6