

Examples of Moving from “Desired Outcomes” and “Learning Objectives” to “ABCDE Outcome Statements”

Second Step Family Seminar: Session 6

Learning Objective: <i>At the end of the session, parents will be able to...</i>	Post-Session Survey Item	ABCDE Outcome Statement
Identify the four steps for Anger Management in the Second Step curriculum.	List the four steps of Anger Management that children learn in the Second Step program.	By the end of the session, at least 75% of parents will be able to recall all four steps, as measured by the post-session survey.
Identify at least four ways to calm down when you are angry (Step 2).	List two things you can to calm down when you are angry.	...at least 75 will recall two things...
Help their child learn how to calm down when they are angry.	As a result of this session, I will be able to help my child calm down when they are angry: Definitely yes, Probably yes, Probably no, Definitely no	...at least 75% “definitely yes”...

Flirting or Hurting 2-session program

Desired Outcome	Survey Item	ABCDE Outcome Statement
Increase student awareness that sexual harassment is harmful	#6b & #7b (retro)	By the end of the program, at least 60% of students will report increased understanding that harassment can be harmful (any improvement from “before” to “after”), as measured by the post-session survey.
Increase student knowledge of the definition of what is considered sexual harassment	#5a-c	...at least 80%* will select one of the top two desired responses...
Increase student knowledge, skill, and intention for how to respond if they are sexually harassed	#8	...at least 75%** of students will be able to list two or more appropriate things they could do if they were being harassed...
	#6c & #7c (retro)	...at least 60% of students will report increased ability to respond to sexual harassment (any improvement from “before” to “after”)...
Increase student knowledge, skill, and intention to intervene if they witness sexual harassment	#4	...at least 80% of students will report that they would “tell and adult” and at least 70% will “tell the harasser to stop” if they saw a student sexually harassing another student...
	#6d & #7d (retro)	...at least 60% of students will report increased intention to intervene if they witness harassment (any improvement from “before” to “after”)...

*These items were used in the 2008-09 school year Flirting or Hurting post-test. Responses ranged from 78% to 86% favorable for these items, providing a basis for establishing this target. **This item was used in the 2008-09 school year Flirting or Hurting post-test. 73% of students could list two or more correct responses.

Teen Advisory Council Retreat

Learning Objective: <i>At the end of the session, participants will be able to...</i>	Post-Session Survey Item	ABCDE Outcome Statement
Cite three teen dating violence facts*	#3a. Please rate your level of ability before and after this retreat: None, Low, Moderate, High (retrospective pre-then-post): Knowledge of teen dating violence facts	By the end of the session, at least 75% of participants will report increased knowledge of teen dating violence facts (any improvement from “before” to “after”), as measured by the post-session survey (retro pre-then-post format).
Be prepared to discuss teen dating violence with their peers	#3b. Please rate your level of ability before and after this retreat: None, Low, Moderate, High (retrospective pre-then-post): Ability to talk with peers about teen dating violence	... at least 75% of participants will report increased ability to discuss teen dating violence with their peers (any improvement from “before” to “after”)...
Facilitate healthy relationships and teen dating violence prevention activities with their peers	#1. As a result of this retreat, how confident are you in your ability to lead “healthy relationships” or “teen dating violence prevention” activities with your peers?: Less confident, No change, A little more confident, A lot more confident #2. How likely are you to use what you learned today to implement “healthy relationships” or “teen dating violence prevention” activities with your peers over the next six months?: Very unlikely, Unlikely, Likely, Very Likely	...at least 75% of participants will report they are “a lot more confident” or “a little more confident” in their ability to “healthy relationships” activities with their peers... ...at least 75% of participants will report that they are “very likely” or “likely” to implement healthy relationships activities with their peers over the next six months...

*Note: This learning objective would best be evaluated with a “short answer”-format item (“list 3 facts...”). A close-ended format is used here to keep the survey at one page, and to minimize survey coding time.